



Discharged patient guide:

Winter Soup Kitchens in London 2022



Winter soup kitchens in London 2022

The following list includes organisations that offer free hot meals for the homeless or rough sleeping population across London.

Some sites have not been included within this leaflet as their full details could not be verified in time.

Information was accurate and up to date when produced in September 2022. However, it is always best to contact services to check for updates to services or for further information.

This booklet was made in collaboration with dietetic students at King's College London.

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North London

Food for all

Kentish Town

Opening hours: Monday – Saturday 12.00 – 13.00

Location: Islip Street, behind the library

Contact details: <https://foodforalluk.com/contact/>

Camden Town

Opening hours: Monday – Saturday 13.00 – 14.00

Location: Inverness St x Arlington Road, NW1 7HB

Contact details: <https://foodforalluk.com/contact/>

Kings Cross

Opening hours: Monday – Saturday 14.00 – 14.30

Location: York Way, opposite the Premier Inn

Contact details: <https://foodforalluk.com/contact/>

Bloomsbury

Opening hours: Monday – Friday, 11.00 – 16.00

Location: Malet Street, near Waterstones

Contact details: <https://foodforalluk.com/contact/>

FoodCycle Islington

Opening hours: Wednesday 13.00

Location: New River Baptist Church, 80 Arran Walk, London, N1 2TL

Contact details: islington@foodcycle.org.uk

North London Action for Homeless

Opening hours: Monday 12.00 – 13.30, Wednesday 18.00 – 19.30

Location: St Paul's Church Hall, Stoke Newington Road, N16 7UE

Contact details: Tel: 07421 032553, email: nlah_uk@nlah.org.uk

Our Forgotten Neighbours

Opening hours: Thursday, 17.00

Location: 30 Commercial St, London

Streets Kitchen

Kilburn

Opening hours: Friday 19.30

Location: Kilburn Streets Kitchen, Brondesbury Rd, North Maida Vale, London NW6 4HS

Finsbury Park

Opening hours: Friday, 14.00 – 16.00

Location: Finsbury Park, London N4 2AA

Contact details: Tel: 07496530878

Camden

Opening hours: Wednesday, Thursday, Friday & Sunday, 19.30

Location: Streets Kitchen Camden, London NW1 8QL

The Manna

Opening hours: Monday – Friday 10.00 – 16.00

Location: The manna Islington, St Stephen's Church, 17 Canonbury Rd, Essex Rd, N1 2DF

Contact details: 020 7226 5369

The Chicken Soup Shelter

Opening hours:

Breakfast: Sunday – Friday, 9.30 – 11.30

Lunch: Friday, 13.00 – 14.00

Dinner: Sunday – Thursday, 16.00 – 17.30

Location: 116a Bethune Road, London, N16 5DU

Contact details: Tel: 0208-809-3002,
admin@thechickensoupshelter.org

West London

Ealing soup kitchen

Hot meal, food parcel & clothes to take away

Opening hours: Monday, 18.00 – 20.00

Location 1: Salvation Army Hall, 6 Leeland Road, W13 9HH

Hot meals, food parcels, showers, barber, foot care & advocacy

Opening hours: Friday, 13.00 – 15.30

Location 2: The Crypt, Ealing Soup Kitchen, St John's Church W13 9LA

Hot meal and fellowship

Opening hours: Saturday & Sunday, 15.30 – 17.00

Location 3: St John's Church Room, St John's W13 9LA

Contact details: Tel: 07803 728288

Food for all

Lincoln's Inn Fields

Opening hours: Monday – Saturday 18.00 – 19.00

Contact details: <https://foodforalluk.com/contact/>

Ilford Sunday Drop-in

Opening hours: Sunday 13.30 – 15.30

Location: Clements Community Centre, 14a Connaught Road, W11 4EQ

Contact details: wendytaylor99@gmail.com

Samaritan soup kitchen

Opening hours: Thursday, 15.00 – 20.00

Location: Rectory Rd, London W3 9NR

Contact details: 07572 105 175

East London

Christian kitchen

Opening hours: Monday – Sunday, 19.30

Location: Mission Grove Car Park, London E17 7AB

Contact details: info@christiankitchen.co.uk

Idia's community kitchen

Opening hours: Monday & Tuesday 10.30 – 12.30, Friday 12.00 – 13.30, Sunday 15.00 – 17.00

Location 1: Weymouth Terrace, Haggerston, London, E2 8LJ

Opening hours: Sunday 13.30-14.30

Location 2: Ridley Road Market, Dalston, London, E8 2NP

Streets Kitchen Hackney

Opening hours: Thursday & Saturday 20.00

Location: Hackney Central Library, 25-27 Hackney Grove, London E8 3NR

South London

Brixton Soup Kitchen

Opening hours: Monday – Friday, 10.00-16.00

Location: 297-299 Coldharbour Lane, London SW9 8RP

Contact details:

Tel: 07538419514

email: brixtonsoupkitchen@gmail.com

Streets Kitchen

Stockwell

Opening hours: Wednesday 19.00

Location: opposite Stockwell tube station, SW46TA

Wandsworth (Tooting)

Opening hours: Monday 19.30 – 20.30

Location: 25-27 Tooting High St, Tooting, SW17 0SN

Clapham Common

Opening hours: Tuesdays & Thursdays 19.30

Location: Streets Kitchen Clapham Common, 8-1 The Pavement, London SW4 0HY

Contact details: ClaphamCommon@streetskitchen.org

Tooting Community Kitchen

Opening hours: Wednesday & Saturday, 18.00 – 19.00

Location: 22-25 Tooting High Street SW17 0SN

Contact details:

<https://www.tootingcommunitykitchen.co.uk/contact/>

Information & Support

Please check the details of your local authority for further information and support in your area.

Additional support for food banks near you can be found through **the Trussell Trust Group**:

<https://www.trusselltrust.org/get-help/find-a-foodbank/>

About Mildmay Mission Hospital

Mildmay began as a charitable institution over 160 years ago.

It has specialised in HIV since the 1980s and continues to deliver quality care and treatment, prevention work, rehabilitation, training, education and health strengthening in the UK and East Africa.

Find out more at www.mildmay.org

In 2020, we began a ground-breaking new service, providing step-down, rehabilitative healthcare for people who are homeless or rough-sleeping and recuperating from illness or injury. In 2022, we launched the REBUILD Pathway, providing post-detox, stabilisation-based intermediate residential rehabilitation care to patients who are homeless.



Mildmay Mission Hospital

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